

GYALWA GYATSO BUDDHIST CENTER



CASE STATEMENT 2011



1550 La Pradera Drive
Campbell, CA 95008
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Mission

Gyalwa Gyatso Buddhist Center's mission is to preserve and promote the Mahayana Buddhist tradition in Silicon Valley through education, practice and service.

In the heart of Silicon Valley, GGBC offers on-going courses from the lineage of His Holiness the 14th Dalai Lama in Buddhist philosophy and practice, meditation and wellness programs. In a supportive, friendly atmosphere, we provide practical ways for our students to improve their own and others lives.

History

- **1999** Named Gyalwa Gyatso by Lama Zopa Rinpoche
- **2001** FPMT Discovering Buddhism first taught by Venerable Drimay
- **2006** Emily Hsu, Masters in Buddhist Studies from FPMT, began teaching FPMT Basic Buddhism classes
- **2006** Director Gay Bachmann found our first home in Campbell, CA.
- **2007** Geshe Dakpa opened the center on August 4th
- **2007** Lama Zopa Rinpoche, Geshe Dakpa and Geshe Jampa Techok inaugurated center in October
- **2008** Started Wellness Program with weekly classes in Yoga, Meditation and Tibetan Medicine
- **2009** In GGBC's 10th anniversary year we offered over 650 hours of Buddhist education and practice to the Silicon Valley Community
- **2011** Lama Zopa Rinpoche began transmission of the long version of Golden Light Sutra at GGBC



“FPMT is unbelievably fortunate that we have many qualified teachers who are not only scholars but are living in practice. If you look, then you can understand how fortunate we are having the opportunity to study. With our Dharma knowledge and practice we can give the light of Dharma to others, in their heart. I think that's the best service to sentient beings, the best service to the world.”

Lama Zopa Rinpoche

“I am an absolute beginner, but I have infinite gratitude to have found Gyalwa Gyatso. This community has shepherded me through crazy and difficult times and it is so amazing to have happiness and understanding increase every day. Our teachers are wise and precious and kind, and give me hope for the future. The teachings are an ocean of peace in my life, and I am so thankful that that peace is beginning to inform all my activities.”

Student/Practitioner

M. Holmquist

8/23/2010



Gyalwa Gyatso Services and Programs



Education

The very heart of FPMT and GGBC is education. Through comprehensive study programs and practice, FPMT/GGBC education nourishes the development of compassion, wisdom, kindness, and true happiness in individuals of all ages.

Discovering Buddhism

Discovering Buddhism is a two-year, fourteen-module series that gives the student a solid foundation in the teachings and practice of Tibetan Mahayana Buddhism. Students may begin with any module.

Basic Buddhism

The Basic Program is a five-year, twelve-subject course of studies designed by Lama Zopa Rinpoche. It provides a practice-oriented transmission of the Buddhadharmā to committed students ready to progress beyond introductory-level study and practice.

Lama Teachings

Lama's who teach at our center include Lama Zopa Rinpoche, Geshe Dakpa, Geshe Wandu and Choden Rinpoche.

Wellness Program

The series serves the needs of GGBC students' bodies and minds. We offer yoga twice a week, weekly mindfulness meditation with Sharon Allen, plus monthly day-long retreats with Sharon. Anger Management workshops are taught by Emily Hsu.

Speaker Series

GGBC hosts Buddhist Scholars who speak on Buddhist topics. Speakers include Thubten Pende, Karuna Cayton, Jon Landaw, Amy Cayton and Gareth Sparham.

“I feel very privileged to have teachers in my life who are devoted to helping me deal with the suffering of being a human being. Without GGBC, how much more difficult that would be.”

Anonymous Student



Gyalwa Gyatso Buddhist Center, at the heart of the Bay Area FPMT Centers

Gyalwa Gyatso Accomplishments in 2010

“As a result of attending Emily's classes, my spiritual practices have deepened. Emily is a wonderful teacher. Her class presentations are organized and well thought out. She is warm, kind and patient, and her dedication to the dharma is inspiring”.

Barbara

- 270 hours of Buddhist education and practice
- 30 hours of teaching by Lamas
- 260 hours of Wellness programs
- \$1000.00 donated to Long Life Pujas for Lama Zopa Rinpoche, Choden Rinpoche and Geshe Dakpa
- Community service at Campbell's Relay for Life and Second Harvest Food Bank

Funding Needs in 2011

“The mind training of Buddhism lets me know that my feelings are empty of any inherent existence, and that the real issue is how I think about myself. If I believe myself incapable of change, I am incapable of change. If I change my mind, purify it of its negative karma and introduce the idea of capability, then I am on the road to healing myself of my own self-imposed paralysis. Every realization I have now, I can definitely attribute to Gyalwa Gyatso Center.”

Anonymous Student

- Provide suitable local housing for our resident teacher, Venerable Drimay, in order to increase the number of classes, programs and hours we are open. Estimated cost of **\$30,000.00** a year.
- Maintain current Dharma teachings and Wellness programs so that everyone who wants to benefit from them can. Estimated cost of **\$20,000.00** a year.
- Hire full time paid Center Manager, with the charter to increase Dharma teachings for the benefit of all beings. Estimated cost of **\$45,000.00** a year.